

CLARK ENERGY LINES

A publication of Clark Energy Cooperative, Inc., proudly serving our members since 1938.

Your Safety Matters

Protect kids from electrical hazards

Accidents can occur when young children have an opportunity to explore their home and unintentionally expose themselves to electrical dangers. Without proper precaution, everyday items such as power strips, space heaters, outlets and cords can pose a threat.

Especially for toddlers and young children, it is a must to childproof your house from electrical hazards. Luckily, this task is easy to do, and it's usually inexpensive.

Look at your home from a child's point of view. Get down on the floor and see what is at eye level or within reach of a small child. Don't forget to check for potential hazards behind tables, dressers and furniture.

Little fingers seem to be attracted to electrical outlets, so be sure and place outlet plug covers on all the ones that are low to the ground.

Store electric bathroom and kitchen appliances—like hair dryers and toasters—out of reach of curious children.

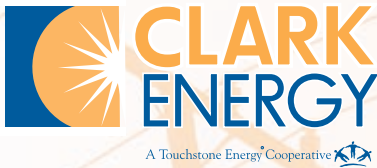
Your home may have a space with many power cords and power bars. Put barriers around this area and tie up loose cords. If you're temporarily using extension cords, hide them behind furniture or use a hide-a-cord device. You can also put electrical tape over unused plug holes on cords.



When using a space heater, establish a 3-foot, kid-free zone, and never put a space heater in a child's room or leave it untended. Be sure to keep the heater at least 3 feet away from furniture, bedding and curtains.

Begin the educational process as soon as your child can crawl and remind the kids in your home to always be safe when dealing with electricity.

Clark Energy cares about keeping your family safe.



From the President's Desk

Contact Us

CLARK EC OFFICE LOCATIONS

2640 Iron Works Road,
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Frenchburg 40322

170 Halls Lane, Stanton 40380

www.clarkenergy.com

OFFICE HOURS

8 a.m. - 4:30 p.m.,
Monday - Friday

OFFICE PHONE NUMBERS

Winchester - (859) 744-4251
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Stanton - (606) 663-4330
Toll Free - (800) 992-3269
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**To report an outage, please
call (800) 992-3269.**

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Time to connect to health savings

February is Wise Health Care Consumer Month, a perfect time to connect to savings on medicine and other health care costs. Clark Energy members do can do just that with the free Touchstone Energy Co-op Connections program.

Just by being a co-op member, you can save money on prescriptions and health care expenses such as vision and dental—in February, and every month. Being “connected” means you get more than 150,000 discounts from businesses in our area and national companies. There are also cash-back offers for online shoppers and deals for travelers.

It was a dental offer that convinced Billie Smith to give Co-op Connections a try.

The teacher's savings story began in 2016 when her son was getting braces.

“I saw an ad at the orthodontist's office about how I could get a discount through Co-op Connections,” she says. Thanks to their “powerful connection,” the Smiths netted a 20% discount on their orthodontic bill.

The discount was again applied when a second child needed braces. The Smiths saved a whopping \$1,758 in all, thanks to program participation from White, Greer & Maggard Orthodontics.

“Thinking about the things we could do by saving that money—just by being co-op members—was great,” Billie says.

She now looks for a Co-op Connections discount whenever she shops. It's easy to check www.connections.coop to find a list of businesses that participate in the co-op discount program.

The money saved using Co-op Connections is a win-win for her family, Billie says. “We not only get these



great discounts, but we also get affordable, reliable service.”

Start saving today! Find discounts immediately by downloading the free Co-op Connections app for mobile devices. Search “Co-op Connections” in your favorite app store. If you prefer to use a discount card, call our office at (859) 901-9226, option 7, or send an email to lhatton@clarkenergy.com to request one.

Get connected, and keep more money in your pocket with Co-op Connections. It's just one more benefit of being a member of Clark Energy.



Chris Brewer, President & CEO

Prevent frozen pipes by keeping house warm

A mid-winter getaway seems like a dream during a pandemic, but if your family has found a safe destination and is heading out of town for a couple of weeks, leave the heat on at home.

It might seem like a waste of energy and money to heat an empty home, but the cost of cleaning up after a water pipe that has frozen and burst will be far more than leaving the thermostat set high enough to prevent the problem.

When the water inside of a pipe freezes, it expands and puts pressure on the pipe. That pressure can cause the pipe to crack or break, and water can gush out, causing a nonstop flood

of water and causing massive damage to your property.

Here are some precautions to take before you leave:

- Shut off the water at the cut-off valve.
- Remove garden hoses from outdoor faucets. Then, drain those faucets and leave them in the “on” position.
- Leave the heat set on around 50 degrees.
- Open cabinet doors under sinks so the heat can circulate around the water pipes.
- If your washing machine is in an unheated garage, shut off the water to the appliance.



NOMAD SOUL/ABOBE STOCK

- Insulate pipes in the attic and in crawl spaces using a product designed specifically for pipes.
- Give your house key to a trusted neighbor who can check for frozen pipes while you're away.

5 unexpected ways to keep your house warmer

You don't have to crank up the thermostat to stay warm indoors this winter. Try these easy strategies to stay warm without sending your energy bill through the roof:

1 Add rugs to uncarpeted room. Rugs help insulate floors by trapping cool air underneath them and keeping it from wafting into the room. Rugs will keep your feet warm, too.

2 Install a filter whistle on your furnace. This \$5 device will alert you when it's time to change filters. Dirty filters prevent air from easily flowing through your heating system, which means your furnace has to work harder—and use more energy—to keep you warm.

3 Move furniture away from air vents. The air return vents on the walls or floor of your home might be an eyesore, but hiding them under carpets and couches can render your heating and cooling system inefficient.

4 Insulate the door leading from the house to the attic. It's an often-overlooked energy-waster, as it can



LEV DOLGACHOV/ABOBE STOCK

let the unheated attic air seep into your home and send the warm air from the house into the cold attic.

5 Add a humidifier. When the air in your home is too dry, the

indoor air will feel cooler. Keeping the humidity in the home between 30% and 50% will make the air feel warmer—and stave off the dry skin that winter usually causes.

Invest in home gym equipment

If you don't feel comfortable fulfilling your New Year's resolutions at a gym during the pandemic, consider adding a few pieces of exercise equipment in your home.

Sounds expensive. But if a treadmill, stepper or rower are out of your price range, consider some low-tech workout aids that won't require you to upgrade the wiring in your exercise room.

Start with a weight bench, and buy just the basics: dumbbells or hand weights in just a few different sizes; resistance bands, a mat and a big exercise ball.

If your budget permits and your electrical system can tolerate it, add one electrically powered piece of equipment, like a treadmill. Some stationary bikes are electric; others are manual. But make that investment only if you're sure you'll use



VITTAYA 25/ABOBE STOCK

the equipment once your New Year's resolve wears off.

Add a mirror, some music and a TV to keep you company during

your workout, and you'll have everything you need to keep in shape while staying safely at home.

Wishing you good health in 2021.

SCHOLARSHIP DEADLINE IS MARCH 26

The deadline of March 26 is approaching fast to submit your application for the 2021 Citizen-Scholar Scholarship program. All materials must be submitted online. Requirements and application can be found at www.clarkenergy.com, Community, Citizen-Scholar Scholarship.



TIM WEBB

The EV Era is Here!

Our co-op Chevrolet Bolt electric vehicle — EV for short — gets the equivalent of 61 more miles per gallon than a typical gas-powered car. Learn about the EV revolution at www.togetherwesaveKY.com

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